



Federal Worker Assistance Resources

Your local Combined Federal Campaign has pulled together various resources in our community for our federal workforce and their families.

Financial, Basic Needs, and Direct Services Support

Unemployment Benefits

- Nebraska <https://dol.nebraska.gov/UIBenefits/Resources/FAQ>
- South Dakota <https://dlr.sd.gov/ui/individuals/default.aspx>
- Iowa <https://www.iowaworkforcedevelopment.gov/file-claim-unemployment-insurance-benefits>

Food Pantries

- [Feeding America - How to Find Your Local Food Bank](#)
- Heartland Hope Mission Pantry - <https://foodbankheartland.org>
- Heartland Family Services - <https://heartlandfamilyservice.org/>

Utility Support

- Need Help Paying Bills Information - https://www.needhelp-payingbills.com/html/nebraska_utility_and_heating_a.html
- AT&T and Direct TV offering flexible payment plans for furloughed federal workers
- Verizon – 866-266-1445

Other Basic Needs (List other local charity services here)

- Salvation Army
- Catholic Charities <https://www.ccomaha.org/>
- Community Health Charities of Nebraska: <https://www.chcne.org/>

Other Financial Assistance

- **TSP** Effect of Nonpay Status on Your TSP Account <https://www.tsp.gov/PDF/formspubs/oc95-4.pdf>
- **TSP Withdrawal and Loans** During a Government Shutdown: <http://tsp-withdrawal.com/tsp-withdrawal-government-shutdown/>
- **The American Airlines Credit Union** Is offering a "Government Shutdown Loan"! With an Annual Percentage Rate of just 1.00%, the maximum amount for this personal loan is \$1,200, or the amount of a net paycheck during one pay period, whichever is higher. Call (800) 533 0035 for details, or visit the local AAFCU Office for details
- **How Banks and Lenders Are Helping** Workers Affected by the Government Shutdown: https://free.vice.com/en_us/article/8xpzdvgovernment-shutdown-bank-relief-federal-workers
- **Federal Employee Education & Assistance Fund** offers loans to federal employees, <https://feea.org/> FEAA has put together some articles and resources at a national level: <http://feea.org/shutdown/>

Government Issued and Other Guidance

Employment and Pay Status

- The President has signed into law the Government Employee Fair Treatment Act of 2019. This Act guarantees retroactive backpay for federal employees impacted by the partial government shutdown. This covers all our federal employees (excepted as well as non-excepted).
- The GEFTA Act can be viewed at <https://www.congress.gov/bill/116th-congress/senate-bill/24/text>
- job openings in Nebraska's long-term care profession are posted at <https://www.nehca.org/jobs/>.

OPM Guidance

- OPM Pay and Leave Furlough Guidance: <https://www.opm.gov/policy-data-oversight/pay-leave/furlough-guidance/#url=Overview>
- OPM Fact Sheet: Pay and Benefits Information for Employees Affected by the Lapse in Appropriations: <https://www.opm.gov/policy-data-oversight/pay-leave/furlough-guidance/fact-sheet-pay-and-benefits-information-for-employees-affected-by-the-lapse-in-appropriations.pdf>

General Guidance

- Potential ethics violations for crowdfunding <https://m.govexec.com/pay-benefits/2019/01/shutdown-roundup-ethics-feds-gofundme-campaigns-smartbenefits-deadline-extension-and-more/154281/?Oref=GovexecFB>
- See guidance issued by GSA regarding Ethical Considerations During a Lapse in Funding at the end of this document. While each agency is likely to issue its own guidance, these items are worth reviewing to make sure no one violates regulations. Please check with your own Office of Counsel for any guidance specific to your agency.

Health Care Guidance

- All current Health and Dental plans are active. Take care of yourself. Stress is the number one cause of illness. Remember every federal employee has access to an Employee Assistance Program (EAP). Don't hesitate to contact your agency's EAP provider.

DISCLOSURE: You should verify that these resources are non-prohibited sources for your agency, you can verify this with your agencies ethics officer.